

Manual Meridian Practice

Program calendar · September 2026 – June 2028



1 Level One · Foundations

◆ BECOME NOVICE

Sep 2026 – Jan 2027

CYCLE	MODULES OPEN (ONLINE)	LIVE Q&A (ZOOM)	PRACTICE SATURDAY (DUBAI)
1	Tue 01 Sep 2026	Thu 17 Sep 2026	Sat 26 Sep 2026
2	Mon 28 Sep 2026	Thu 08 Oct 2026	Sat 17 Oct 2026
3	Mon 19 Oct 2026	Thu 29 Oct 2026	Sat 07 Nov 2026
4	Mon 09 Nov 2026	Thu 26 Nov 2026	Sat 05 Dec 2026
5	Mon 07 Dec 2026	Thu 07 Jan 2027	Sat 16 Jan 2027
6	Mon 18 Jan 2027	Thu 21 Jan 2027	Sat 30 Jan 2027

Ramadan break: no in-person practice.

2 Level Two · Architecture

◆ BECOME APPRENTICE

Feb 2027 – Jun 2027

CYCLE	MODULES OPEN (ONLINE)	LIVE Q&A (ZOOM)	PRACTICE SATURDAY (DUBAI)
7	Mon 01 Feb 2027	Thu 18 Mar 2027	Sat 20 Mar 2027
8	Mon 22 Mar 2027	Thu 01 Apr 2027	Sat 10 Apr 2027
9	Mon 12 Apr 2027	Thu 22 Apr 2027	Sat 01 May 2027
10	Mon 03 May 2027	Thu 13 May 2027	Sat 22 May 2027
11	Mon 24 May 2027	Thu 27 May 2027	Sat 05 Jun 2027
12	Mon 07 Jun 2027	Thu 17 Jun 2027	Sat 26 Jun 2027

Summer break: no in-person practice.

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Level Three · Integration

◆ BECOME PRACTITIONER

Jun 2027 – Jan 2028

CYCLE	MODULES OPEN (ONLINE)	LIVE Q&A (ZOOM)	PRACTICE SATURDAY (DUBAI)
13	Mon 28 Jun 2027	Thu 02 Sep 2027	Sat 11 Sep 2027
14	Mon 13 Sep 2027	Thu 07 Oct 2027	Sat 16 Oct 2027
15	Mon 18 Oct 2027	Thu 04 Nov 2027	Sat 13 Nov 2027
16	Mon 15 Nov 2027	Thu 25 Nov 2027	Sat 04 Dec 2027
17	Mon 06 Dec 2027	Thu 30 Dec 2027	Sat 08 Jan 2028
18	Mon 10 Jan 2028	Thu 13 Jan 2028	Sat 22 Jan 2028

Ramadan break: no in-person practice.

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Level Four · Mastery

◆ BECOME SPECIALIST

Jan 2028 – Jun 2028

CYCLE	MODULES OPEN (ONLINE)	LIVE Q&A (ZOOM)	PRACTICE SATURDAY (DUBAI)
19	Mon 24 Jan 2028	Thu 24 Feb 2028	Sat 04 Mar 2028
20	Mon 06 Mar 2028	Thu 16 Mar 2028	Sat 25 Mar 2028
21	Mon 27 Mar 2028	Thu 13 Apr 2028	Sat 22 Apr 2028
22	Mon 24 Apr 2028	Thu 11 May 2028	Sat 13 May 2028
23	Mon 15 May 2028	Thu 18 May 2028	Sat 27 May 2028
24	Mon 29 May 2028	Thu 15 Jun 2028	Sat 24 Jun 2028

How each cycle runs

The modules open online on the date shown, studied at your own rhythm. The live Q&A on Zoom comes before the practice day, so you arrive prepared. The practice Saturday in Dubai closes the cycle.

Good to know

No in-person practice during Ramadan and the summer break. The practice location in Dubai is announced to enrolled students. Enrollment: WhatsApp +971 56 735 2413.